

# SWHAP Newsletter January 2012

## SWHAP Achievement Awards 2011

Since 2008 SWHAP has held annual Achievement Award Ceremonies to encourage and reward successful and innovative workplace initiatives. On the 6th December the award for Most Comprehensive Workplace Programme 2011 was presented to Raffia Bags, Kenya by the Swedish Minister for Trade, Ewa Björling. Raffia Bags has a comprehensive programme which promotes prevention and supports HIV positive employees. The success of the programme is due to involvement and participation by employees at all levels. The programme has also been expanded to include spouses and community outreach.



Raffia Bags Kenya receiving award in Stockholm

Other recipients of SWHAP Awards were Metso, South Africa for Best Progress and Tamarind Translations, Kenya for Most Innovative Workplace Programme. The recipients for Peer Educator Achievement Awards for East Africa were: Mogwasi Ogaki, Amazon Motors, Kenya and Joseph Warioba, Sandvik, Tanzania; for Southern Africa: Amos Limbani, Sandvik Zimbabwe, Hilda Tanga, Atlas Copco Zambia and John Mahono, Scania Botswana; and for South Africa: Phillip Phoswa, Tetra Pak, South Africa.

More information and materials relating to the Awards can be found on the [SWHAP website](http://www.swhap.org).

## 20 Years of Dedicated Service

Jess Bird retired in December as an Occupational Health Nurse with Tetra Pak, South Africa after 20 years of dedicated service. Jess has been a key actor of the Tetra Pak SWHAP Programme since 2005 and she speaks warmly of her time at Tetra Pak and the SWHAP project.

*The SWHAP project offered so much support and education for companies for management and staff that I was excited to be part of the project. I believe that SWHAP is of vital benefit to all our companies and their employees, and I hope it will continue to assist business to manage their HIV and AIDS programmes, keeping the programmes updated and alive, and assisting in keeping the wellness committees healthy and motivated.*

*I retire from Tetra Pak..., I will miss all the friends, the regular meetings with the other health care providers, the endless amount of knowledge that is made available to us and the huge asset that SWHAP is to the companies through their programme.*



Jess Bird, Tetra Pak, South Africa

## World AIDS Day

To commemorate World AIDS Day and as part of its Wellness Outreach Programme, Sandvik Mining and Construction, Zimbabwe (runner up for SWHAP Achievement Award for Most Comprehensive Workplace Programme) organised Voluntary Counselling and Testing (VCT) for its nine neighbouring companies on Bignell Road. An impressive 294 people were tested. Prior to testing

The Swedish Workplace HIV and AIDS Programme (SWHAP) is a long-term strategy to support the response to HIV and AIDS at Swedish related workplaces in sub-Saharan Africa. SWHAP is a joint programme between the International Council of Swedish Industry (NIR) and the Swedish Industrial and Metalworkers' Union (IF Metall). It is financially supported by Sida and Norad.

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Sandvik held a door to door campaign inviting all the CEOs on Bignell Road to a sensitisation meeting explaining the business case for Workplace Wellness Programmes and the importance of employees knowing their status.

Atlas Copco, Zimbabwe shared the day with their mentee companies and invited a drama group from Road Show Advertising to illustrate the World AIDS Day theme of "Getting to Zero". Zero New HIV Infections, Zero Discrimination and Zero AIDS Related Deaths.

Whilst in Kenya Peer Educators there mobilised donations from their workplaces towards supporting the Maji Mazuri Children's Home. The Children's home takes care of 93 mentally challenged children some of whom are either HIV positive or have been orphaned due to HIV and AIDS.



*Drama to commemorate World AIDS Day at Atlas Copco, Zimbabwe*

### **"SWHAP Champions get together"**

The end of the year is an important time for Peer Educators who are the workplace champions, to reflect on the year's achievements, challenges and to plan for the coming year. In Southern Africa workplace champions from South Africa, Zimbabwe, Zambia and Botswana, held "Big Brag Day" events in November and December to celebrate efforts and achievements made in 2011. Peer Educators took the opportunity to talk about the undertakings they were most proud of. In Zimbabwe, Zambia and Botswana the celebrations were also a chance for team building activities and awarding of SWHAP Achievement prizes for best peer educators.

In October and November, East African Peer Educators from SWHAP came together for team building events, where communication and networking was encouraged as well as promotion of SWHAP monitoring and evaluation tools to enhance the efficacy of workplace programmes.



*Peer Educators during team building session*

### **Promoting Wellness**

Wellness Days are important for creating a safe place for employees to discuss and seek information about HIV and other health related issues, they provide opportunities for testing and family and community involvement in workplace HIV and AIDS Programmes. Amazon Motors, a member of the SWHAP network in Kenya, held a successful Wellness Day for 60 members of staff in Nairobi. Presentations were made by specialists in the areas of breast, prostate, and cervical cancers as well as diabetes, nutrition and HIV and AIDS. Testing at the one day event included diabetes, body mass index (BMI) and HIV.

Also in December, Atlas Copco, Zimbabwe and Scania, Botswana held Wellness Days for their employees. Scania held a combined Wellness Day with Choppies and Atlas Copco Botswana. The event in Botswana was particularly appropriate for the holiday season as the theme was "Partnering against HIV/AIDS and Accidents" and was attended by the Assistant Minister of Health, Honourable Matlhabaphiri.

### **New film clip available about SWHAP**

Sida has made a short film about Johannes Phetoe of Atlas Copco, South Africa. You can view it on YouTube [here](#).

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