

**SWHAP Events Highlights:**

**Integrating SRH into the Workplace Programmes**



*SWHAP Partners Workplace Programme Coordinators and Members of Steering Committees during the SRH Forum in Nairobi Kenya.*

SWAP East Africa organized the Sexual and Reproductive Health (SRH) network meetings targeting the workplace programme coordinators and representatives from the Steering Committees from the various SWHAP Partners in Kenya and Tanzania. The theme was ‘Sexual and Reproductive health (SRH) and linkage to HIV&AIDS and Parent-children communication on sexuality and HIV&AIDS’. A total of 34 participants (12 from Nairobi, 12 from Dar es Salaam and 10 in Mwanza). These forums were held in the months on March and April

The network forum sort to bring out issues surrounding SRH. It also addressed the factors that aggravate the spread of HIV, which has greatly been exacerbated by silence, stigma and shame.

*More from the SWHAP Network Workshops in Page 2*

**SWHAP East Africa support to Partners:**

1.



2.



3.



*From (1) Mutsimoto Motor Company Limited Steering Committee training; (2)SRH & Family matters session in Mwanza Tanzania; (3)-Atlas Copco Tanzania Peer Educators & Steering Committee training;*

**Inside the Newsletter:**

- *The SWHAP EA Partners' Initiatives*
- *SWHAP Supply Chain Programme Trickle Down*
- *SWHAP Union Partnership Programme Roll out*
- *SWHAP Upcoming Events*

**Important Dates to look out for in 2012**

- ✦ Peer Educators Network Workshops on 4<sup>th</sup> July in Nairobi, Kenya
- ✦ Peer Educators Exchange Forum on 11<sup>th</sup> July in Dar es Salaam, Tanzania
- ✦ Peer Educators Network Workshop on 12<sup>th</sup> July in Dar es Salaam, Tanzania
- ✦ Peer Educators Network Workshop on 18<sup>th</sup> July in Mwanza, Tanzania

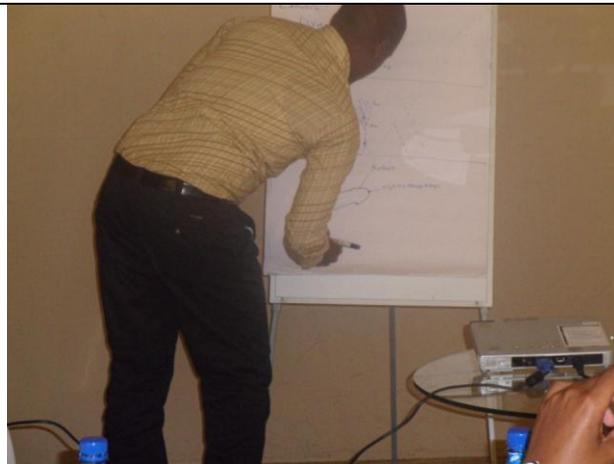


**Creativity Corner: SRH and Family Matters discussions ease up: SWHAP Network Workshop Participants Break it down***Open Sharing :*

SRH is not an easy topic to discuss in public but participants were willing to share openly. Above, participants overcoming hadles in discussing Sex and Sexuality in the SWHAP Network Workshop in Nairobi, Kenya.

*Emerging Issues:* Not many parents can comfortably discuss about sex with their children, thus creating a gap on knowledge on Sexual and reproductive health. This has lead to children / adolescents seeking information from other avenues such as peers or media, which most likely would find them engaging in risky behavior that predispose them to HIV and STI infection.

*Observation:* It was observed that most participants were not yet parents but they felt that the information would be helpful to them in holding creative and lively discussions and to share with other colleagues at workplace as well as with their families and friends.



*No embarrassment in SRH & Family Matters! Above: A Champion demonstrating skills acquired during the SWHAP Network Workshop in Mwanza, Tanzania*

*Lessons Learnt:* Most people are shy and experience shame when discussing SRH and Family Matters issues, especially in public. Champions should open up and create safe spaces for these issues to be discussed as they are part of holistic human development; they contribute towards prevention of HIV & AIDS and STI, at an individual level, at work as well as within the family.

Also, assertiveness in one's decision making process is crucial in prevention of HIV infection.



**SWHAP Partners' Activities: Workplace Programme Initiatives**

Tetra Pak, a SWHAP partner in Kenya organised a Medical Checkup for its employees through the Workplace Wellness Programme on the 17<sup>th</sup> and 18<sup>th</sup> May, 2012. This was in partnership with an external medical health care provider who delivered services ranging from HIV Counselling and Testing, Blood Pressure, Echo Cardiogram (Scanning of the heart), random blood sugar, Cholesterol, Body Mass Index (BMI), breast Examination to Nutrition Consultations. Inset left: Medical checkups going on in the tents at Tetra Pak



*Tetra Pak Staff Medical Camp 2012*



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***A real 'Trickle-Down' Effect.***

A trickle-down process from the SWHAP Partners to their Supply Chain was evidenced as two Companies engaged in a process of transferring skills and knowledge in mitigation of HIV and AIDS impacts.

SKF Kenya Ditrributor Programme through the support of SWHAP saw 9 Peer Educators from different SKF Distributor Companies in Kenya participate in an exchange forum for Peer Educators held in Nairobi.

Assa Abloy, a SWHAP partner in Kenya also organized and held a quarterly seminar for the artisans that they work with. SWHAP provided technical support for the 2012 1st quarter seminar by supplying IEC materials (comic printed posters in Kiswahili & English) that were locally sourced, as well as in facilitating the session on HIV

and AIDS and behavior change. Assa Abloy plans on replicating the same in their regional seminars nationally through the support of their Workplace Programme Peer Educators.

*Inset below Left to Right: Assa Abloy Artisans in discussions, SKF Distributors Peer Educators Exchange Forum*



In both forums, experiences were shared, tips and skills demonstrated on the implementation of the HIV & AIDS workplace programme activities in the represented workplaces. The participants planned on heightening promotion of behaviour change within their social circles too.

**The 'E' Interactions  
Within and Without**

There has been ongoing interactions on different Wellness, HIV and AIDS issues within SWHAP Partners and even across regions amongst different SWHAP Partners. Tamarind Translations has carried out online discussions

through the TLF e-forum where members have engaged in sharing ideas, asking questions, updating their knowledge in diverse topics. These included HIV & AIDS, Nutrition, Women's health, Lifestyle diseases, Climate change & Impact on human health, just to mention a few.

Also, Champions from other SWHAP Partners across East Africa have held online wellness and HIV & AIDS related discussions following the SWHAP network workshops. Case studies and IEC materials have been shared and discussed in these online forums.

**The 'New Kid in the Block'**

The SWHAP union Partnership in Kenya has rolled out by training the Workplace Programme Steering Committee for Mutsimoto Motor Company Limited in Nakuru, Kenya.



This has been through partnership with the Amalgamated Metal Workers Union of Kenya. Mutsimoto Motor Co. Ltd has more than 250 workers, made up of casuals, semi permanent and permanent staff. The company SC team is planning on moving forward with other activities.

**SWHAP**

One of the creative and effective ways of creating HIV and AIDS awareness would be to organize sports events where people within the company or from the community will definitely come to watch. Sandvik Tanzania have been organizing inter-company football matches where during these matches, HIV and AIDS messages is passed. Soon, they will be carrying out onsite VCT for the spectators during such events.

**Atlas Copco Tanzania (ACT) Steering Committee and Peer Educators at work**

Integration of HIV & AIDS messages into the Tool Box sessions has been ongoing at ACT sites. The pre-existing Peer educators and members of the Steering Committee were actively involved. ACT 7 members of staff from ACT took part in the Steering Committee and Peer Educators 2 days intensive training in Mwanza, Tanzania. They were drawn from the various departments and company sites in Tanzania. The Company Workplace Policy is under review for launching and hence subsequent roll out of activities in the company.

*Atlas Copco Tanzania Steering Committee and Peer Educators*

